

**EFFECTIVENESS OF COMPREHENSIVE
NURSING INTERVENTIONS ON WELL- BEING
AND QUALITY OF LIFE AMONG SENIOR
CITIZENS IN RURAL COMMUNITY, NEPAL**



**Thesis Submitted in Partial Fulfillment of the Award
of Degree of Doctor of Philosophy
in Nursing Sciences**

**SUBMITTED BY
SHILA MAINALI**

**SUPERVISOR
DR. JAYANTI SEMWAL**

**Swami Rama Himalayan University
Swami Ram Nagar, Jolly Grant, Dehradun**

YEAR 2024