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I, Lekha Bist, declare that the thesis entitled “Efficacy of comprehensive childbirth preparation package on childbirth experiences and maternal-neonatal outcomes among primigravidae in selected health center of Noida, Uttar Pradesh” is my own work conducted under the supervision of Dr. Lekha Viswanath (Supervisor) and Dr. Ruchira Nautiyal (Co-Supervisor) at Himalayan College of Nursing, Swami Rama Himalayan University, Dehradun, approved by Departmental Research Committee (DRC) on 8th March 2019.

I further declare that to the best of my knowledge the thesis does not contain any part of my work which has been submitted for the award of any degree either in this University or in any other University/Deemed University without proper citation.

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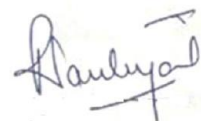
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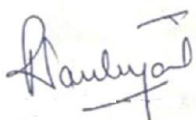
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Submitted By

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for the Award of Degree of

Doctor of Philosophy

in

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ACKNOWLEDGEMENT

An effort of this academic pursuit wouldn't have been a reality for me but, the constructive and purposeful support, guidance and encouragement rendered by a number of people whose help I specially recognize through this acknowledgement. Praise and glory to **God Almighty**, the Holy Spirit who guides and directs my life and who always have been a great source of strengths, wisdom and enlighten force behind all my efforts in making this study a success.

I am obliged to **Dr. Sanchita Pugazhendi, Principal, Himalayan College of Nursing, SRHU**, Jolly Grant, Dehradun, for providing me an opportunity to commence this study, timely suggestions and guidance, and facilitating with necessary administrative permission.

The present study has been completed under the expert guidance, support and encouragement of **Dr. Lekha Viswanath, Professor, Himalayan College of Nursing, SRHU**, Jolly grant, Dehradun. I will ever remain grateful to my advisor for her able guidance and strong acumen. It was her constant encouragement and valuable planning & execution which made this, study a fruitful one. My demands on her valuable time and energy were excessive, but she was always kind enough to be available for discussion and guidance, so my sincere expression of gratitude and indebtedness is extended to her. My sincere thanks to my Research Co-guide **Dr. Ruchira Nautiyal**, Professor, Obstetrics and Gynecology Department, Himalayan Hospital, Dehradun for her constant support, expert guidance, valuable input and encouragement throughout the study.

A word of special thanks to **Dr. Vinita Kalra, Officer-In-Charge, Research & Ph.D. Cell, SRHU** for her guidance, support and reassurance throughout the period of my study. I extend my gratitude to all the **DRC members**, for their constant support and suggestions. I express my sincere gratitude to **Ethics Committee, Swami Rama Himalayan University, Dehradun**, for reviewing the research protocol and giving ethics clearance certificate.

I extend my appreciation to all the **primigravidae** who actively participated in this study. I am immensely thankful to all the **faculty members** of Obstetrics and Gynecological

department for their valuable suggestion. I thank to all the **Research Committee Members of Himalayan College of Nursing** for their valuable suggestions during research presentation. No research is possible without the help of library, the center of learning resources. I express my gratitude to all the **library staff** for their service.

I am extremely thankful to **Mr. Pramod Bisht** for helping me to convert the research tool in Hindi. I express deepest gratitude to **Dr. Bharat Pareek** for helping me in data analysis and for his constant support and motivation throughout my research study. My immense love and gratitude to my beloved parents and in-laws for their encouragement and prayers, my husband **Vipin** and my lovely daughter **Tanisha** for their love and support throughout this project.

Besides this, I would like to thank everyone who had helped me knowingly and unknowingly in the successful completion of this project



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LIST OF ABBREVAITIONS

Terminology	Description
WHO	World Health Organization
PHC	Primary Health Centre
CHC	Community Health Centre
BPCR	Birth Preparedness and Complication Readiness
CCBPP	Comprehensive Childbirth Preparation Package
CEQ	Childbirth Experience Questionnaire
BFSE	Breast Feeding Self Efficacy
ANC	Antenatal Care
MMR	Maternal Mortality Rate
NMR	Neonatal Mortality Rate
C-Section	Caesarean Section
ICMR	Indian Council of Medical Research
IDI	In-depth interview
Fig.	Figure
CBP	Childbirth preparedness
CBE	Childbirth Expectation
CBF	Childbirth fear
CBExp.	Childbirth experience