CERTIFICATE

This is to certify that Ujjwal Dahiya in the department of Nursing of this University has fulfilled the requirements prescribed for the Ph.D. degree of the Swami Rama Himalayan University, Dehradun.

The thesis entitled, "Effectiveness of nurse led intervention on self care behaviour, psychological symptoms and quality of life among kidney transplant recipients in a selected tertiary care hospital of New Delhi" was carried out under my direct supervision. No part of the thesis was submitted for the award of any degree or diploma prior to this date.

Clearance was obtained from the Institutional Ethics Committee for carrying out the study.

Signature

Krakush

Name of the Supervisor

Dr. Kamli Prakash

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CERTIFICATE FOR PLAGIARISM

It is certified that Ph.D. Thesis entitled "Effectiveness of nurse led intervention on self care behaviour, psychological symptoms and quality of life among kidney transplant recipients in a selected tertiary care hospital of New Delhi" by Ujjwal Dahiya has been examined by us. We undertake and declare that:

- a. This thesis has significant new work/ knowledge as compared to already published or are under consideration to be published elsewhere. No sentence, equation, diagram, table, paragraph or section has been copied verbatim from previous work unless it is placed under quotation marks and duly referenced.
- b. The work presented is original and own work of the author (i. e. there is no plagiarism). No ideas, processes, results or words of others have been presented as Author's own work.
- c. There is no fabrication of data or results which have been compiled/analyzed.
- d. There is no falsification by manipulating research materials, equipment or processes, or changing or omitting data or results such that the research is not accurately represented in the research record.

e. The thesis has been checked using TURNITIN (copy of originality report attached).

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Dr. Nand Kumar



CERTIFICATE OF VIVA-VOCE OF Ph.D. STUDENT

"EFFECTIVENESS OF NURSE LED
INTERVENTION ON SELF CARE BEHAVIOUR,
PSYCHOLOGICAL SYMPTOMS AND QUALITY
OF LIFE AMONG KIDNEY TRANSPLANT
RECIPIENTS IN A SELECTED TERTIARY CARE
HOSPITAL OF NEW DELHI"

Submitted by

Ujjwal Dahiya

For the degree of
Doctor of Philosophy in the
Nursing Sciences
is evaluated and approved by

SUPERVISOR DR. KAMLI PRAKASH **EXAMINER**

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Ujjwal Dahiya

DECLARATION BY THE CANDIDATE

I, UJJWAL DAHIYA, declare that the thesis entitled "Effectiveness of nurse led intervention on self care behaviour, psychological symptoms and quality of life among kidney transplant recipients in a selected tertiary care hospital of New Delhi" is my own work conducted under the supervision of Dr. Kamli Prakash, Professor, Himalayan College of Nursing, Swami Rama Himalayan University Dehradun, Dr Sandeep Mahajan, Professor, Department of Nephrology, AIIMS New Delhi, Dr. Nand Kumar, Professor, Department of Psychiatry, AIIMS New Delhi approved by D.R.C.

I further declare that to the best of my knowledge the thesis does not contain any part of any work which has been submitted for the award of any degree either in this University or in any other University/ Deemed University without proper citation.

Besides this:

I have successfully completed the Course work of one semester as per UGC-Regulation 2016 norms.

I have also given a pre-Ph.D presentation and successfully incorporated the changes suggested on the basis of feedback and comments received.

I have also published one research paper in a journal from the research work of the thesis and presented two papers in conferences and have produced an evidence of the same in the form of acceptance letter/ or the print.

Signature Wind

Name of the Candidate

Ujjwal Dahiya