

DECLARATION BY THE CANDIDATE

I, KAMLI PRAKASH, declare that the thesis entitled "Study to assess the effectiveness of Yoga on Stress Level and Quality of Life of breast cancer patients undergoing Chemotherapy" is my own work conducted under the supervision of Dr. Sunil Saini Supervisor at Cancer Research Institute, Swami Rama Himalayan University, Dehradun, Department of Nursing approved by D.R.C.

I further declare that to the best of my knowledge the thesis does not contain any part of any work which has been submitted for the award of any degree either in this University or in any other University/ Deemed University without proper citation.

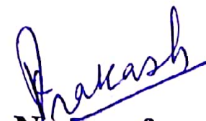
Besides this:

I have successfully completed the Course work of one semester as per UGC-Regulation 2016 norms.

I have also given a pre-Ph.D presentation and successfully incorporated the changes suggested on the basis of feedback and comments received.

I have also published one research paper in a journal from the research work of the thesis and presented two papers in conferences and have produced an evidence of the same in the form of acceptance letter / or the reprint.

Signature



Name of candidate

Kamli Prakash

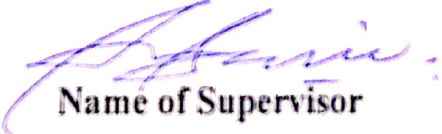
CERTIFICATE

This is to certify that Kamli Prakash in the department of Nursing of this University has fulfilled the requirements prescribed for the Ph.D. degree of the Swami Rama Himalayan University, Dehradun.

The thesis entitled, "Study to assess the effectiveness of Yoga on Stress Level and Quality of Life of breast cancer patients undergoing Chemotherapy" was carried out under my direct supervision. No part of the thesis was submitted for the award of any degree or diploma prior to this date.

Clearance was obtained from the Institutional Ethics Committee for carrying out the study

Signature



Name of Supervisor

Dr. Sunil Saini

VIVA- VOCE OF Ph.D. STUDENT

**“STUDY TO ASSESS THE EFFECTIVENESS OF YOGA
ON STRESS LEVEL AND QUALITY OF LIFE OF
BREAST CANCER PATIENTS UNDERGOING
CHEMOTHERAPY”**

Submitted by

Kamli Prakash

For the degree of

Doctor of Philosophy in faculty of

Nursing

Is evaluated and approved by


SUPERVISOR

DR. SUNIL SAINI

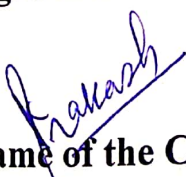

EXAMINER

CERTIFICATE FOR PLAGIARISM

It is certified that Ph.D. Thesis entitled “Study to assess the effectiveness of Yoga on Stress Level and Quality of Life of breast cancer patients undergoing Chemotherapy” by Kamli Prakash has been examined by us. We undertake & declare that:

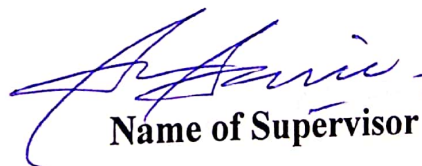
- a. This thesis has significant new work/knowledge as compared to already published or are under consideration to be published elsewhere. No sentence, equation, diagram, table, paragraph or section has been copied verbatim from previous work unless it is placed under quotation marks and duly referenced.
- b. The work presented is original and own work of the author (i.e. there is no plagiarism). No ideas, processes, results or words of others have been presented as Author’s own work.
- c. There is no fabrication of data or results which have been compiled /analyzed.
- d. There is no falsification by manipulating research materials, equipment or processes, or changing or omitting data or results such that the research is not accurately represented in the research record.
- e. The thesis has been checked using **TURNITIN** (copy of originality report attached).

Signature


Name of the Candidate

Kamli Prakash

Signature


Name of Supervisor

Dr. Sunil Saini